



A Day in the Pre-K 4/5 Program at Kensington Nursery School



Arrival and Start up Time (9:00): Good morning! Drop off your lunch box and water bottle in the bins. Sign in and visit your cubby to hang up your coat and bag. Head to the sink to wash your hands. Enjoy some free play time while we wait for our friends to arrive.

Meet and Greet! (9:20-9:45): Time to start our day. We gather and greet our teachers and friends. We have some business to take care of, like: who is in school today, what day is it, how is the weather and what is in store for the day?

Play to Learn Time (9:45-10:30): Let's get down to business, and business is some serious fun! Some of us begin with some creative activities based on the theme of the day. There may be cutting, gluing, science experiments, painting ... Next, off to other activities with friends – perhaps in the courtyard. Meanwhile, some children enjoy free play time. What will we play with today? Blocks? Dramatic Play? Books? Farm? Puzzles?... Oh, how to choose?



Outdoor Free Play (10:30-11:15): Out we go for some fresh air and exercise! Some will enjoy climbing, running, sliding and swinging in the mulch/playscape area. Other friends head to the upper/blacktop play area for fun with trikes, chalk, playground balls and more. Time to move those bodies so be sure you dress for the weather each day.

Play to Learn Time (11:15-12:00): Back inside and now it is time to swap. Those who started with free play time now get a turn with the creative activities based on the theme of the day: fun with cutting, gluing, science experiments, painting... Then, off to other activities with friends – perhaps in the courtyard. Meanwhile, the rest now have their turn to enjoy some free play time. What will we play with today?



Lunch Time (12:00-12:30): Time to head to our dining area for lunch. We have worked up an appetite! After we have washed our hands, lunch begins with Grace. We practice our good manners and enjoy conversation.

Story (12:30-12:50): We enjoy fiction and nonfiction books, felt board, songs, and finger play. They are often related to our theme of the day. It may be an old favorite story or perhaps a new, soon to be favorite!



All Together Now (12:50-1:20): After story, a little together time for some activities such as singing and dancing to some soon to be favorite songs! Perhaps we will play a game such as Shape Bingo or read the Weekly Reader. This is when we see Buddy Bear, the "Surprise Box" and figure out the Mystery Letter (later in the year).



Outdoor Free Play (1:20-1:50): Outside, again, for more fresh air and exercise! Some have a turn to enjoy the mulch/playscape area. And others will have fun in the upper/blacktop play area. Come on, let's run and jump and play! Be sure you dress for the weather each day.



Dismissal (1:55): Time to sing our goodbye song as our day is now done! Phew, that was fun! What was your favorite part? Were you a kind friend today? Until next time: See you later, alligator!

